



LEGEND

	Secondary Forest		Trail
	Grassland		Coral Reef
	Coastal Shrub		Seagrass
	Rock		Villa N1 - N9 & S1 - S13
	Beach		Spa
	Feed Our Loved Ones (FOLO) Organic Food Garden		Tunku Abdul Jalil Conservation Centre
	Public Shower & WC		Dive & Activities Centre
	Restaurant		

KEYPOINTS

- A TURTLE BEACH**
 - Steep path to access, not recommended for children (footwear required)
 - Quiet beach
 - Snorkelling
 - Visit Rocky Point
 - Wildlife observation
 - 2nd Mangrove restoration area
- B SHINGLE BEACH**
 - Quiet beach on eastern side of island, difficult to access
- C BEST VIEWPOINT**
 - Viewpoint looking out to
 - Rawa Island/Gual Island/Mensirip Island/Harimau Island
- D PODERCARPUS VIEWPOINT**
 - Viewpoint looking out to
 - Rawa Island/Tioman Island/Pemanggil Island/Aur Island
- E ROCKY VIEWPOINT**
 - Viewpoint looking out to - Besar Island/Tinggi Island/Sibu Island
 - Best place to watch sunrise
- F TINY BEACH**
 - Quiet beach
 - Observing land crabs
- G SUNRISE BEACH**
 - Good for swimming during high tide
 - Snorkelling
 - Sunrise

H BATU-BATU BEACH

- Snorkelling
 - Natural Playground
 - Seashells
- I JUNIOR REEF BEACH**
- Snorkelling
 - Coral nursery
- J JETTY**
- Shark watching
 - Turtle watching
 - Stargazing
 - Natural prey-predator observation

K LONG BEACH

- Point to start kayaking & paddleboarding
- Beach volleyball & football
- Swimming spot (sandy bottom)
- Dive & Activities Centre

L BEACH BAR

- Cocktails, mocktails and ice cold beer (open from 11 am to after sunset)

M SANDBAR

- Unique beach that changes throughout the year
- Best spot to watch the sunset

N ANGANA/SUNSET BEACH

- Unique beach with different character
- Pristine private beach
- Access to snorkelling to Northern Reef

O NORTHERN REEF

- Best spot for free diving
- Pristine coral

P LAGOON BAY

- 1st Mangrove restoration area
- Best spot for bird watching
- Access to Northern Reef

Q REMNANT OF EXPEDITION ROBINSON'S SET

- R MARSH AREA**
 - Observing wildlife
 - Natural swamp
 - Cashew nut tree
- S REMNANTS OF VIETNAMESE**

UNHCR SETTLEMENT + BABY JOSEPH'S GRAVE

- T HUT'S VIEWPOINT**
 - Viewpoint looking out to - Rawa Island
- U FERN'S VIEWPOINT**
 - A private spot and viewpoint looking out to - Rawa Island/Harimau Island/Hujung Island/Seribuat Island/Sembilang Island
- V TUNKU ABDUL JALIL CONSERVATION CENTRE HOME OF TENGAH ISLAND CONSERVATION**
 - Sea turtle hatchery
 - Nature & Conservation talks
 - Beach clean up registration
 - Information on conservation on and around the island

SNORKELLING TRAILS

*Snorkelling is best above a tide level of 1.5m – please check the day's tide tables at Guest Services or Dive & Activities before heading out to snorkel. Children should be accompanied by an adult when snorkelling. We recommend snorkelling in pairs.

JETTY TRAIL | Beginner Level Trail: Highlights

1. Starting or Exit Point: Long Beach next to the walkway
2. Jetty: Juvenile black tip reef sharks, needle fish, schools of small fish
3. Coral Nurseries
4. Junior Reef: Easy to spot "Nemos" and anemones
5. Exit or Starting Point: Junior Beach

Depth Average: 3 meters
Suitable For: Families with kids

SUNRISE TRAIL | Intermediate Level Trail: Highlights

1. Starting or Exit Point: Sunrise Beach
2. Beginning Of The Reef: Shallowest part of the reef – many corals damaged by climate change induced bleaching
3. Sunrise Reef: Nice and dense coral formations, great variety of coral species
4. Exit or Starting Point: Batu Batu Beach

Depth Average: 4 meters
Suitable For: Strong swimmers

NORTHERN REEF TRAIL | Advance Level Trail: Highlights

1. Starting or Exit Point: Lagoon Bay
2. Northern Reef: Big coral formations, high massive corals
3. Northern Reef: Long patches of Acropora branching corals
4. Exit or Starting Point: Sandbar Beach
- 5&6. Alternative Exit or Starting Point: Red Sand Beach, Angsana Beach and Sunset Beach

Depth Average: 5 meters (Point number 2 can reach 8 meters depth)
Suitable For: Very strong swimmers